

Learn how to help yourself and others in times of injury or sickness

Chiyoko Yamaguchi brought up her 4 children using only the energy healing method of Reiki. She did not use a first aid kit or any chemical medicines. She learned Reiki from a man named Chujiro Hayashi in 1938 when she was just 17 years old. From that time, she treated herself and those around her on a daily basis, sometimes helping with minor ailments, sometimes severe injuries such as burns. She also treated people with very serious conditions, knowing that Reiki could help because she had seen many people cured with Reiki by her family members and knew that treatments had cured her aunt and brother when they contracted tuberculosis. **She devoted her life to treating others and successfully treated countless people with a range of serious conditions during her 65 years of Reiki experience.**

Reiki is a physical treatment that works on the toxins in the body and eliminates them, enhancing your innate natural cleansing system. **It can be used for first aid, injuries or for serious conditions** and Chiyoko Yamaguchi and her family's experience proves just how effective it is. Receiving or giving yourself Reiki treatments will cause the toxins at the heart of your illness to be eliminated from your body. It has benefits for mind, body and spirit, which you will see for yourself in the seminars. It is also wonderfully effective for psychological and stress-related illness.

I met Chiyoko in 2002 and immediately knew that I wanted to study Reiki with her and her son, Tadao. I became a Shihan or teacher of Jikiden Reiki in May 2006 after studying in Kyoto, Japan for nearly 4 years. I attended and assisted in a large number of courses over that time and was fortunate enough to teach alongside Mr Yamaguchi in Europe and Japan. I have a strong grasp of the material and the important concepts and culture behind it, and I teach the course worldwide in the same way that Mr Yamaguchi teaches. The seminars replicate those taught in 1930s and are based on over 65 years of treatment experience.

I am amazed at the efficacy of this incredible healing ability we all have and am so grateful that I can now teach others how to empower themselves in the same way I have learned.

The 2 or 3 day seminar I am offering consists of Shoden – level 1, and Okuden – level 2

Shoden – This seminar includes practice and theory. You receive 3 Reiju or attunements and learn about history, first aid, how to give treatments and find Byosen (the areas with toxins), how to make your hands more sensitive, the background and meaning of Gokai or Reiki principles, the natural cleansing system, a massage technique and you will receive a group treatment and practice on others

Okuden – This seminar includes practice and essential background information about a powerful psychological healing technique and how to use distant healing. You will receive a further 2 Reiju (attunements)

"The 3 day reiki course taught by Amanda Jayne was absolutely fantastic. The course and contents were extremely well organised. I came away from the course confident to use reiki." Marieke Navin, Sheffield, England

"Amanda is one of the best teachers I have known and worked with.....you will think so too when you join in one of her seminars - they are serious but fun; your life will be changed!" Elizabeth Barnard, Cornwall, England

"Since finishing the course I have not given my 20 month old twin daughters any medicine which is a testament to how great Reiki is! I have had cause to use the first aid treatments twice in the past couple of days as I cut myself very deeply and then my daughter fell and landed face down on her forehead in the middle of the road. Both times the wounds healed much more quickly and cleanly than they would have done previously. Thank you so much." Alex Harris, Lewes, England